



Rising Sun

THAI & PAN-ASIAN

FAMILY OWNED & RUN SINCE 1994

ALLERGY MENU

CELERY ALLERGY

ALL OK OTHER THAN THE SATAY AND THE SINGAPORE NOODLES

EGG ALLERGY

ALL DISHES CONTAINING EGG CAN BE ADJUSTED, PLEASE ASK.

FISH ALLERGY

ALL THE STARTERS ARE OK EXCEPT FOR THE STATED FISH DISHES, SOUPS & SATAY CHICKEN

ALL MAIN COURSE DISHES CAN NOW BE ADAPTED.

MOLLUSC & CRUSTACEAN ALLERGY

ALL THE STARTERS ARE OK EXCEPT FOR STATED FISH DISHES, CHICKEN WINGS SATAY CHICKEN. ALL MAIN COURSE DISHES CAN NOW BE ADAPTED.

MILK ALLERGY

ALL THE DISHES ARE FINE EXCEPT FOR THE FILLET STEAKS

MUSTARD ALLERGY

EVERYTHING EXCEPT FOR CRAB CROQUETTES & THE SINGAPORE NOODLES

NUT & PEANUT ALLERGY

ONLY THE SATAY WRAP, STARTER SATAY & LUNCH WOK KING PRAWNS CAN'T BE ADJUSTED.

THE PAD THAI, MASSAMAN & CASHEW STIR FRY CONTAIN NUTS BUT CAN BE ADJUSTED.

**WHEN ORDERING YOUR DISHES
PLEASE MAKE SURE YOU
DOUBLE CHECK WITH A
MEMBER OF STAFF
SO THAT THEY'RE FULLY AWARE
OF YOUR ALLERGY.**



GLUTEN FREE

STARTERS

SPICY THAI FISHCAKES
SWEET CHILLI DIP

6.95

TEMPURA VEGETABLES
SWEET CHILLI, SOY & WASABI DIPS

6.75

TEMPURA KING PRAWNS
SWEET CHILLI, SOY & WASABI DIPS

7.95

MAIN COURSES

WOK FRY WITH CASHEW & PINEAPPLE
CARROTS & MIXED PEPPERS

CHICKEN 10.95

KING PRAWN 11.95

WOK FRY WITH BLACKBEAN SAUCE
BROCCOLI & BABY MUSHROOMS

CHICKEN 10.95

KING PRAWN 11.95

WOK FRY WITH GARLIC & PEPPER SAUCE
CHINESE CABBAGE, CORIANDER

CHICKEN 10.95

KING PRAWN 11.95

MASSAMAN CURRY
MIXED POTATO, ONION, PEANUTS & COCONUT MILK

CHICKEN 10.95

KING PRAWN 11.95

RED CURRY
PINEAPPLE, AUBERGINE, ASPARAGUS & COCONUT MILK

CHICKEN 10.95

KING PRAWN 11.95

THAI GREEN CURRY
FRESH CHILLIES, BAMBOO, COURGETTE & COCONUT MILK

CHICKEN 10.95

KING PRAWN 11.95

PAD THAI RICE NOODLES
CHICKEN & KING PRAWNS, TOFU, PEANUTS & BEAN SPROUTS

10.95

SINGAPORE NOODLES
FRESH CHILLIES, MADRAS CURRY, CHICKEN, SHRIMPS, TOFU

10.75

MR POON NOODLES
CHICKEN, KING PRAWNS, BLACK BEAN SAUCE

11.50

BOILED RICE 3.75
FRAGRANT JASMINE RICE 3.75

VEGETARIAN AND VEGAN MAIN MENU

ALL OUR VEGETARIAN AND VEGAN MAIN COURSES
ARE SERVED WITH TOFU

THAI & PAN-ASIAN STARTERS

THAI VEGETABLE MINI SPRING ROLLS V SWEET PLUM DIP	6.25
VEGETABLE GYOZA DUMPLINGS V  LIGHT SOY & WASABI DIP	5.95
TEMPURA MIXED VEGETABLES V  SWEET CHILLI, LIGHT SOY & WASABI DIPS	6.75
TOM KA GAI VEGETABLE SOUP V  GALANGAL, LEMONGRASS, COCONUT MILK	6.75
MR POON'S HOT & SOUR TOM YUM SOUP V  PAK-CHOI, LEMONGRASS & CHILLIES	6.75

WOK FRIED DISHES

SIZZLING SWEET & TANGY MIXED VEGETABLES V PINEAPPLE, MANGO, MIXED PEPPERS, THAI BASIL	9.75
WOK FRIED MIXED VEGETABLES & BLACK BEAN V MIXED PEPPERS, COURGETTE, ONIONS & GARLIC	9.75
WOK FRIED MIXED VEGETABLES & BASIL V  LONG BEANS AND A SPICY CHILLI AND THAI BASIL SAUCE	9.75
SIZZLING MIXED VEGETABLES V PAK-CHOI, THAI HERB SAUCE	9.75
SALT & CHILLI BROCCOLI V  LIGHTLY COATED, ON MIXED PEPPERS AND ROCKET	9.75
WOK FRIED VEGETABLES & PINEAPPLE V SPRING ONIONS, CASHEW NUTS, CARROTS, MIXED PEPPERS	9.75
WOK FRIED KUNG-PO VEGETABLES V  MIXED PEPPERS, CASHEW NUTS & HOT BEAN SAUCE	9.75

CURRY DISHES

JAPANESE KATSU CURRY V  STEAMED PAK-CHOI MIXED VEGETABLES	9.95
RED CURRY MIXED VEGETABLES V  PINEAPPLE, AUBERGINE, ASPARAGUS & COCONUT MILK	9.95
MASSAMAN CURRY MIXED VEGETABLES V  MIXED POTATO, ONION, PEANUTS & COCONUT MILK	9.95
PANANG MIXED VEGETABLE CURRY V  CHILLIES, LONG BEAN, KAFFIR LIME LEAVES & COCONUT MILK	9.95
THAI GREEN MIXED VEGETABLE CURRY V  FRESH CHILLIES, BAMBOO, COURGETTE & COCONUT MILK	9.95
YELLOW CURRY MIXED VEGETABLES V  CHILLIES, COURGETTE, BASIL & GREEN PEPPERCORNS	9.95

NOODLE DISHES

MR POON'S SPECIAL NOODLES V <i>ON REQUEST</i> BABY MUSHROOMS, MIXED PEPPERS, BROCCOLI, GARLIC & BLACK BEAN SAUCE, ON FRIED NOODLES *RICE NOODLES FOR VEGANS	9.95
SINGAPORE NOODLES V  FRESH CHILLIES, MADRAS CURRY MIXED VEGETABLES, TOFU	9.95
PAD THAI RICE NOODLES V MIXED VEGETABLES, TOFU, PEANUTS & BEAN SPROUTS	9.95

SIDE ORDERS

BOILED RICE V	2.95
EGG FRIED RICE	3.75
STICKY FRAGRANT JASMINE RICE V	3.75
WOK FRIED NOODLES WITH BEAN SPROUTS	3.75
WOK FRIED RICE NOODLES WITH BEAN SPROUTS V	3.75
MIXED VEGETABLES WITH SOY AND GARLIC V	6.75

VEGETARIAN OR VEGAN BANQUET

THAI VEGETABLE MINI SPRING ROLLS **V**
SWEET PLUM DIP

VEGETABLE GYOZA DUMPLINGS **V**
LIGHT SOY & WASABI DIP

TEMPURA MIXED VEGETABLES **V**
SWEET CHILLI, LIGHT SOY & WASABI DIPS

WOK FRIED MIXED VEGETABLES & BLACK BEAN **V**
MIXED PEPPERS, COURGETTE, ONIONS & GARLIC

MASSAMAN CURRY MIXED VEGETABLES **V** 
MIXED POTATO, ONION, PEANUTS & COCONUT MILK

PAD THAI RICE NOODLES **V**
MIXED VEGETABLES, TOFU, PEANUTS & BEAN SPROUTS

STICKY FRAGRANT JASMINE RICE **V**

17.95 PER PERSON
(MINIMUM 2 PERSONS)

VEGAN DISHES ARE NOTED BY THE **V**